

A dark, atmospheric photograph of a forest with many bare, thin trees. The scene is shrouded in a thick mist or fog, creating a somber and eerie mood. The color palette is dominated by dark blues, greys, and blacks, with a slight cyan tint. The trees are silhouetted against the lighter, hazy background.

HAUNTED

# Haunted by Pain

John 9:1-3

# What is Pain?

- A localized or generalized unpleasant bodily sensation or complex of sensations that causes mild to severe physical discomfort and emotional distress, mental or emotional distress or suffering

# Rick Warren on Pain

- The deepest level of worship is praising God in spite of pain, trusting Him during a trial, surrendering while suffering and loving Him when He seems distant

# How Does Pain Haunt Us?

- Pain reminds us through triggers
- Pain revisits us to tell of its existence
- Pain renews its work through new experiences
- Pain represents the past and the present
- Pain reveals our spiritual condition

# The Problem of Pain

- Pain interrupts through the physical
- Pain infringes through the emotional
- Pain intersects through the spiritual

# John 9:1-3

- **1 As he went along, he saw a man blind from birth. 2 His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" 3 "Neither this man nor his parents sinned," said Jesus, "but this happened so that the work of God might be displayed in his life.**

# Pain is a Constant Reality

- Pain is a result of the fallen world
- Pain absorbs our focus
- Pain shows us that life is not fair
- Pain reveals the faithfulness of Christ



# Pain Causes Great Questions

- Pain takes our attention
- Pain tarnishes our perspective
- Pain terrorizes our peace
- Pain threatens our purpose

# Pain has a Common Goal

- Pain galvanizes human experience
- Pain can glorify God
- Your pain has a purpose. Your problems, struggles, heartaches and hassles cooperate toward one end - the glory of God. - Max Lucado
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- Pain helps us to see grace
- Pain guides us to others

# How Do We Handle Pain?

- Pain calls us to remember heaven
- Pain causes us to go to Christ
- Pain is not to be carried alone
- Pain is a motivator of change