

A dark, teal-tinted forest of bare trees. The word "HAUNTED" is written in a white, serif font across the center of the image. The background is a dense forest of tall, thin, leafless trees, creating a somber and eerie atmosphere. The lighting is dim, with a strong teal color cast over the entire scene.

HAUNTED

Haunted By The Past

How Does the Past Haunt Us?

- We are haunted by experiences
- We are haunted by events
- We are haunted by emotions

What Haunts People?

- Decisions
- Mistakes
- Events
- Disappointments

- **The past is a very determined ghost, haunting every chance it gets - Laura Miller**

Philippians 3:13-14

- **13 Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.**

Moving Beyond the Past Means Forgetting

- The past cannot be replaced
- The past cannot be re-lived
- The past can be recycled

Moving Beyond the Past Takes a Forward Focus

- We focus on our new citizenship
- We focus on the return of Christ
- We focus on the coming change

Moving Beyond the Past Requires Freedom

- We are free from punishment
- We are free from sin
- We are free from death

How Do We Break Free From the Past?

- Recommit to Jesus
- **A** - Admit that you have sinned
- **B** - Believe that Jesus died and rose
- **C** - Commit to follow Him
-
- Refocus your perspective
- **Yesterday ended last night - Author Unknown**
-
- Remember you are never alone