

Designed for Growth

A SERIES ON SPIRITUAL DISCIPLINES

6/27-7/18





What are spiritual disciplines?



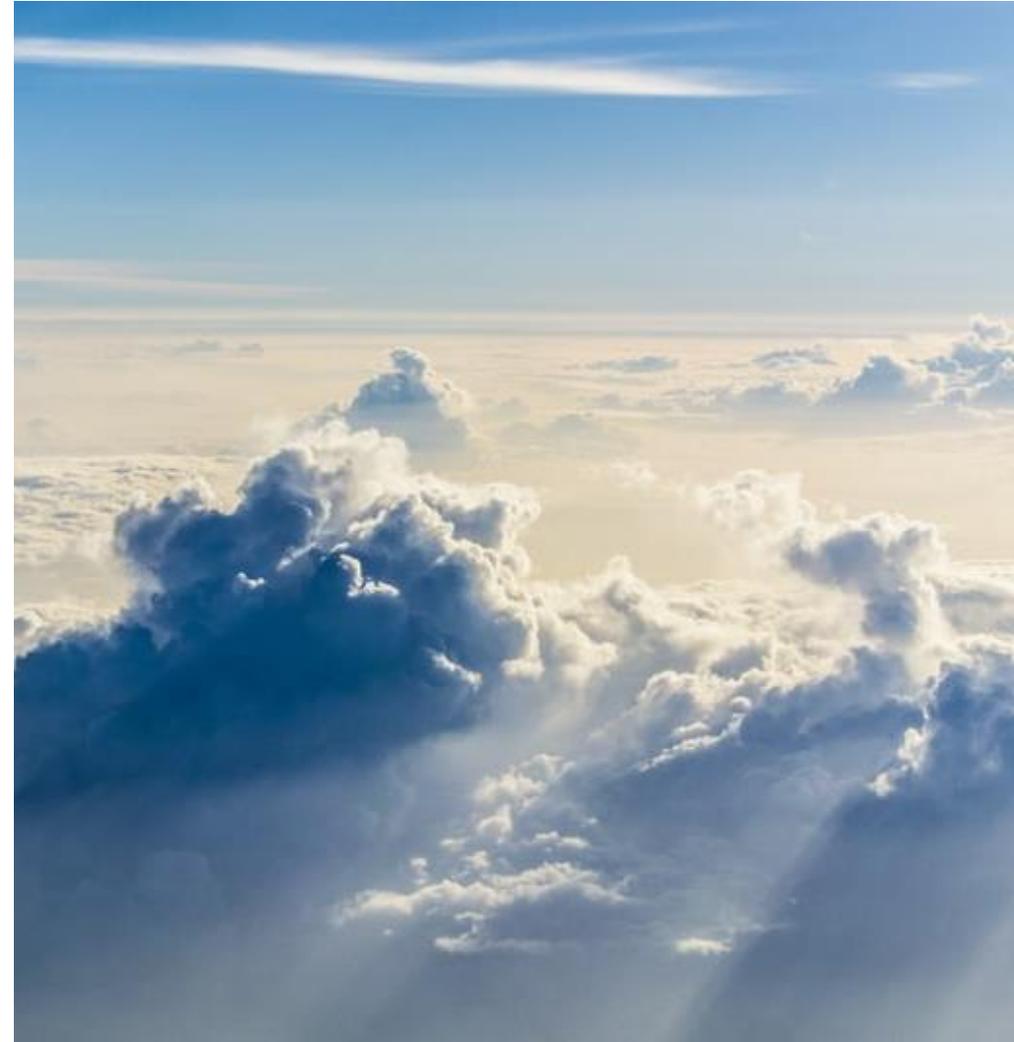
Balance



Growing Through Worship

Enter with *Thanksgiving* and *Praise*

Psalm 100:1-4 A psalm. For giving thanks. Shout for joy to the LORD, all the earth. ² Worship the LORD with gladness; come before him with joyful songs. ³ Know that the LORD is God. It is he who made us, and we are his; we are his people, the sheep of his pasture. ⁴ Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.



With Gratitude

Colossians 3:16-17 16

Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. ¹⁷ And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.



Living Sacrifice

Romans 12:1

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God-- this is your spiritual act of worship.



Acts 16:25-26 ²⁵

About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. ²⁶

Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everybody's chains came loose.

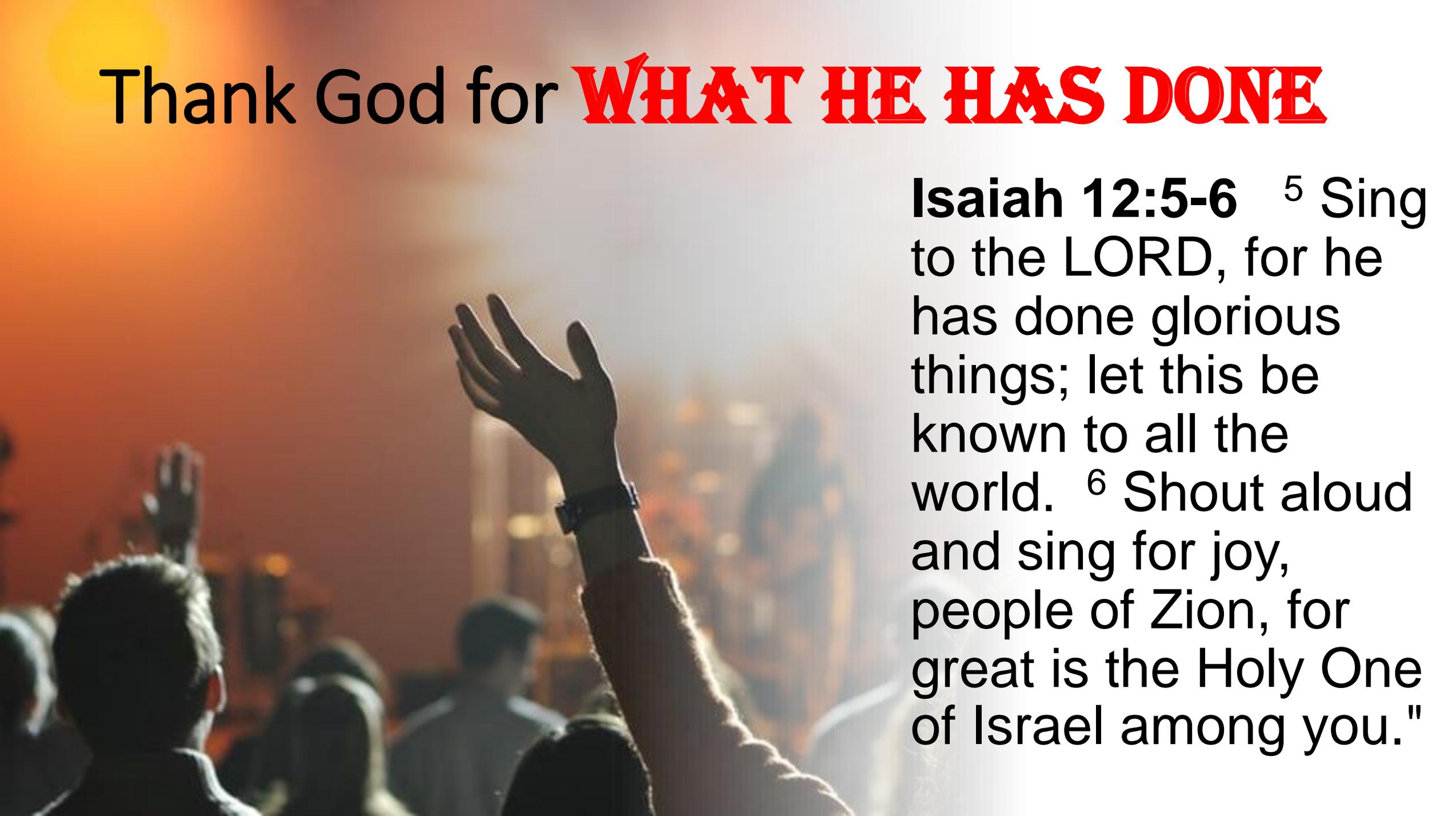
In Prison



Praise God for **WHO HE IS**



Psalm 29:2 ²
Ascribe to the
LORD the glory
due his name;
worship the
LORD in the
splendor of his
holiness.

A crowd of people is shown from behind, with their hands raised in a gesture of praise or worship. The background is a bright, hazy orange and yellow, suggesting a sunrise or sunset. The overall atmosphere is one of joy and devotion.

Thank God for **WHAT HE HAS DONE**

Isaiah 12:5-6 ⁵ Sing to the LORD, for he has done glorious things; let this be known to all the world. ⁶ Shout aloud and sing for joy, people of Zion, for great is the Holy One of Israel among you."

The Big Finish

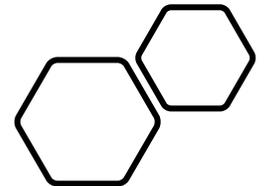
Psalm 150:1-3 Praise the LORD. Praise God in his sanctuary; praise him in his mighty heavens. ² Praise him for his acts of power; praise him for his surpassing greatness. ³ Praise him with the sounding of the trumpet, praise him with the harp and lyre,





Let Everything that Has Breath Praise the Lord!

Psalm 150:4-6 ⁴ praise him with tambourine and dancing, praise him with the strings and flute, ⁵ praise him with the clash of cymbals, praise him with resounding cymbals. ⁶ Let everything that has breath praise the LORD. Praise the LORD.



Worship Your Maker

*“Worship is when
we give God His
breath back.”*

Louie Giglio

