

# Freedom from Fear

Isaiah 43:1-2

# What does it mean to fear?

Fear is emotional distress caused by impending danger, evil or pain even if the threat is imagined. Fear is the anticipation of something unpleasant will occur.

# Biblical Examples of Fear

Moses

Joshua

Elijah

Esther

The Disciples

# Facts about fear

Fear thrives in our insecurities

Fear magnifies our problems

Fear cripples our ability to effectively cope with problems

Fear blinds us to God's provision

Fear makes us face our issues

**1 But now, this is what the LORD says-- he who created you, O Jacob, he who formed you, O Israel: "Fear not, for I have redeemed you; I have summoned you by name; you are mine. 2 When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.**

We are free from fear because of  
redemption

Redemption is a promise

Redemption means that we are  
free from fear

Redemption means that we belong  
to God

When we are free from fear we  
embrace God's presence

God's presence gives us strength

God's presence gives us security

God's presence gives us support

We are free from fear when we  
understand God's protection

God's protection gives us  
stability

God's protection gives us  
confidence

God's protection gives us  
courage



## NEXT STEPS

When we are afraid God's presence  
is with us

When we are afraid God's promises  
are real

When we are afraid God's  
protection is with us