How to Break Out of the Slump

Mark 10:46-52
What is a Slump?

• Slump: to fall or decline substantially or over a prolonged period
What Do Slumps Do?

- Slumps will seek to drain potential
- Slumps create additional problems
- Slumps can generate a sense of panic
- Slumps can make us feel paralyzed
- Slumps always carry a high price
- Slumps will prolong themselves when allowed
• 46 Then they came to Jericho. As Jesus and his disciples, together with a large crowd, were leaving the city, a blind man, Bartimaeus (that is, the Son of Timaeus), was sitting by the roadside begging. 47 When he heard that it was Jesus of Nazareth, he began to shout, "Jesus, Son of David, have mercy on me!"
Mark 10:46-52

- 48 Many rebuked him and told him to be quiet, but he shouted all the more, "Son of David, have mercy on me!" 49 Jesus stopped and said, "Call him." So they called to the blind man, "Cheer up! On your feet! He's calling you." 50 Throwing his cloak aside, he jumped to his feet and came to Jesus.
Mark 10:46-52

• 51 "What do you want me to do for you?" Jesus asked him. The blind man said, "Rabbi, I want to see." 52 "Go," said Jesus, "your faith has healed you." Immediately he received his sight and followed Jesus along the road.
Quit Waiting for Something to Change

• Change doesn’t just happen
• Change requires a choice
• Consider the cost
• Call on Jesus

• Stop stewing and start doing - John Maxwell
Accept Responsibility

- Jesus needs us to refocus
- Responsibility is yours alone
- Renew your commitment
Quit Focusing on Others

- Don’t worry about others
- Worry is a waste
- Be willing to focus on Jesus
Just Do It!

- Focus on Jesus
- Be willing to move forward
- Act in faith
Act Now

• Stay alert for moments of opportunity
• Stop losing opportunities
• Start moving to act
Know What You Need

• Jesus asks a serious question
• Jesus requires an answer
• Jesus must get a response
Believe God Can Move

- Bartimaeus had a great hope
- Jesus cannot move without faith
- Bartimaeus is an example of belief
What Do We Need to Do With Our Faith?

• Abandon the past
• Admit there is a need for change
• Adjust your attitude
• Accept Christ’s Leadership